

**Student Required Gear List**

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| **3** | **MARPAT, green utilities with name and service tapes (Minimum)** |
| **3** | **MARPAT, desert utilities with name and service tapes (Minimum)** |
| **2** | **Bush covers; (1) Desert (1) Green** |
| **4** | **Soft covers; (2) Desert (2) Green** |
| **1** | **Appropriate color martial arts belt** |
| **15** | **Boot/ Hiking socks; must be subdued color** |
| **2** | **Pairs of boots (USMC issue only)** |
| **8** | **Skivvy shorts** |
| **6** | **Green T-shirts** |
| **2** | **Green PT shorts for physical fitness training (no silkies authorized)** |
| **8** | **Pairs of white athletic socks (ankle or calf height)** |
| **1** | **Set of green sweat pants and sweat shirt (USMC Running Suit is NOT**  **Authorized)** |
| **1** | **Pair of running shoes (NO minimalist – Must be appropriate for trail running over rocky terrain)** |
| **1** | **Set of ID tags** |
| **1** | **ID card** |
| **2** | **Wrist watches (waterproof; second is inexpensive backup)** |
| **2** | **Sets of rank insignia (Minimum)** |
| **2** | **Sets of hearing protection** |
| **1** | **Flashlight with red lens and spare batteries** |
| **1** | **Set of hygiene gear to include sun block** |
| **1** | **Pair of shower shoes** |
| **2** | **Combination locks** |
| **2** | **Black ink pens** |
| **2** | **Highlighters** |
| **2** | **Mechanical pencils** |
| **1** | **8 ½ x 11 Notebook** |
| **1** | **Set Camouflage Paint** |
| **1** | **Sea Bag / Kit Bag** |

**Special Notes:**

Unit PT gear is not authorized for wear while attending training at the BRC.  
The initial screening for all students on Training Day One (TD-1) will be a 1st Class PFT and a swim screening in utilities (no boots), as follows:

1. 500 meter un-timed swim utilizing breast stroke or sidestroke ONLY.

    (2) 25 meter underwater swim (Sub-Surface swim requires that the student CANNOT break the surface).

    (3) 12 - 15 feet deep weapon (rubber rifle) retrieval and 10 meter tow.

    (4) Enter water from a height of 8 to 15 feet using the abandon ship technique, tread water for 30 minutes.