



## **MARTIAL ARTS INSTRUCTOR COURSE GEAR REQUIREMENTS**

### **STUDENTS MUST REPORT WITH THE FOLLOWING GEAR/EQUIPMENT.**

- A. COPY OF CURRENT BIR/BTR
- B. MEDICAL AND DENTAL RECORDS
- D. TAD ORDERS
- E. MAI SCREENING CHECKLIST NAVMC 11749 (COMPLETE)
  - (3) MARPAT UTILITIES, SEASONAL WITH APPROPRIATE UNDERGARMENTS, NAME AND SERVICE TAPES
  - (2) PAIRS OF BOOTS
  - (6) PLAIN GREEN T-SHIRTS
  - (1) SET USMC PT GEAR TO INCLUDE ISSUED RUNNING SUIT, RUNNING SHOES, AND REFLECTIVE BELT
  - (1) ARMOR VEST W/SAPI PLATES
  - (1) HELMET W/COVER
  - (1) CAMEL BACK
  - (1) PACK (MOLLE, RUCK, OR ILBE)
  - (1) WHISTLE
  - (1) SET OF ID TAGS WITH MEDICAL/ALLERGY TAGS
  - (1) COMBINATION LOCK
  - (1) ID CARD
  - (1) NOTE TAKING GEAR
  - (1) MOUTHPIECE
  - (1) SET GLASSES (IF PRESCRIBED)
  - (1) GROIN PROTECTION (CUP WITH SUPPORTER)
  - (1) PROPER LIBERTY ATTIRE
  - (1) SEASONAL GEAR (HOT OR COLD WEATHER GEAR)