#### SOI-W Advanced Infantry Training Battalion

#### Detachment Hawaii

**MARTIAL ARTS COURSE (MAIC)**

**CID = M21MME1**

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| --- | --- | --- | --- | --- | --- | --- |
| **CLASS** | **REPORT DATE** | **CONVENE DATE** | **GRADUATION**  **DATE** | **MAX CLASS** | **OPT CLASS** | **MIN CLASS** |
| 1-15 | 27-OCT-14 | 27-OCT-14 | 18-NOV-14 | 24 | 12 | 6 |
| 2-15 | 26-JAN-15 | 26-JAN-15 | 13-FEB-15 | 24 | 12 | 6 |
| 3-15 | 16-MAR-15 | 16-MAR-15 | 3-APR-15 | 24 | 12 | 6 |
| 4-15 | 1-MAY-15 | 1-MAY-15 | 21-MAY-15 | 24 | 12 | 6 |
| 5-15 | 13-JUL-15 | 13-JUL-15 | 31-JUL-15 | 24 | 12 | 6 |
| 6-15 | 7-SEP-15 | 7-SEP-15 | 25-SEP-15 | 24 | 12 | 6 |

**MARTIAL ARTS INSTRUCTORS COURSE - PROGRAM OF INSTRUCTION**

**V 2011 - APPROVED**

**SECTION I - COURSE DESCRIPTIVE DATA**

1. COURSE TITLE: Martial Arts Instructor Course
2. LOCATION: Commanding Officer  
    School of Infantry West Detachment HI  
    Advanced Infantry Training Battalion   
    MCB Kaneohe, Hawaii 96863
3. COURSE ID: M21MME1
4. OTHER SERVICE COURSE NUMBER: N/A
5. MILITARY ARTICLES AND SERVICE LIST NUMBER (MASL): N/A
6. PURPOSE: To prepare and certify Marines as Martial Arts Instructor (MOS 0916) in the Marine Corps Martial Arts Program (MCMAP). This Course is conducted by Martial Arts Instructor Trainers (MAITs) throughout the USMC both at formal schools (SOIs/MCRDs) and operational units (BNs/SQDNs). The student will be provided instructional knowledge and techniques necessary for training and certifying personnel at the Tan, Gray, and Green belt user levels. Additionally, students are awarded a Green Belt by successfully completing the course. Oversight and approval procedures are in place per MCO 1500.9 to ensure standardization.
7. SCOPE: The course provides the student with the knowledge, skills, and attitudes to teach and certify other Marines at the Tan, Gray, and Green Belt user levels. Specifically, course curriculum covers:

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(1) instructor Skills; (2) Green Belt technique tie-ins; (3) Implementation of a MCMAP combat conditioning program; (4) Conduct of sustainment and integration training; and (5) Tan , Gray, and Green Belt instructor skills. Areas of instruction emphasize all three disciplines (mental, character, and physical) of MCMAP. The mental and character disciplines are addressed through student instruction and evaluation on guided discussions, warrior studies, and martial cultures studies. The physical discipline is developed through student instruction and evaluation in rifle and bayonet techniques, ground fighting, throws, chokes, unarmed versus handheld, knife techniques, weapons of opportunity, and elements of anatomy and physiology.

1. LENGTH (PEACETIME: 15 Training days
2. CURRICULUM BREAKDOWN (PEACETIME):

110.25 Academic Hours:

2.50 Demonstration

14.25 Explain, Demonstrate, Imitate, Prac-App

3.25 Guided Discussion

17.25 Lecture

52.50 Practical Application

18.50 Performance Examination

2.00 Written Examination

18.00 Administrative Hours:  
 18.00 Administrative

10. LENGTH (MOBILIZATION): 14 Training Days

Mobilization Note: This course will operate under an accelerated schedule in the event of mobilization.

11. CURRICULUM BREAKDOWN (MOILIZATION): Same as Peace Time

12. MAXIMUM CLASS CAPACITY: 24

13. OPTIMUM CLASS CAPACITY: 12

14. MINIMUM CLASS CAPACITY: 6

15. CLASS FREQUENCY: 6

16. TARGET POPULATION DESCRIPTION/PREREQUISITES:

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Target Population Description: This course is designed for Corporal through Master Gunnery Sergeant both active duty and reserve who will perform the prescribed duties as a Martial Arts Instructor. Officer, foreign personnel and other service personnel may come as well on a space available basis.

Prerequisites:

a. Corporal or above

b. Gray belt or higher

c. Recommended by reporting senior

d. First class PFT. PFT will be verified at the start of the course. Failure to achieve first class PFT will result in dismissal from the course.

e. Rank appropriate resident or non-resident PME complete.

f. Shoulder injury free within last two years.

g. Concussion and broken bones free within last six months.

h. No stitches/staples on body.

i. No dental surgery within 48 hours of reporting to course.

j. Free of contagious diseases or dermatological condition. I.e. ringworm, hepatitis, and any other communicable diseases.

k. Full duty status.

l. Have not received a small pox vaccination within 30 days prior to reporting to the course.

m. 12 months remaining in contract upon completion of course.

n. Not pending any legal action or appointments.

o. First class CFT. CFT will be verified at the start of the course. Failure to achieve a first class CFT will result in dismissal from the course.

p. Gear list required upon check-in.

17. MOS RECEIVED: 0916

18. OCC FIELD: TECOM C 4611

19. FUNDING: Unit Funded

20. REPORTING INSTRUCTIONS:

Commanding Officer

Building 223  
School of Infantry West Detachment HI  
Advanced Infantry Training Battalion   
MCB Kaneohe, Hawaii 96863