School of Infantry (West)

 Combat Instructor School Information

**ANY QUESTIONS CALL THIS NUMBER**

**760-763-7622**

If you can't find the answer to your question here or at the course site please feel free to contact the Combat Instructor School (CIS) Staff. Choose from the following topics:

1. Congratulations on your selection for Combat Instructor School. Expect a challenging but very rewarding and educational nine weeks (46 training days). The mission of Combat Instructor School is to develop Marines' leadership, character, knowledge, and fitness in order to fortify them with the values, strength, and skills required to succeed as Combat Instructors in a challenging environment.

2. We look forward to your arrival at Combat Instructor School. Students will receive training in School of Infantry West (SOI-W) Standard Operating Procedures (SOP), Basic Instructor Course (BIC), Individual and Crew Served Weapons, Land Navigation, Combat Conditioning, Marine Corps Martial Arts Program Sustainment, Cardiopulmonary Resuscitation, Tactical Combat Casualty Care (TCCC), Offensive and Defensive Techniques, Combat Hunter, Scouting and Patrolling, Leadership, Military Operations in Urban Terrain, Immediate Actions, Combat Marksmanship, Close Order Drill, Optics, Improvised Explosive Device Defeat Training, Entry Control Point/Vehicle Control Point, Performance and Resiliency, and Communications. Upon completion of this course, Marines will be able to perform the duties of a Combat Instructor. If you have any questions, please do not hesitate to call one of the Combat Instructor School staff members listed in enclosure (4).

 T. Schueman

 Captain, United States Marine Corps

 Director

 **It is required that you have the following online courses done before attending.**

1 - System Approach to Training (SAT) - [http://www.marinenet.usmc.mil](http://www.marinenet.usmc.mil/)2 - Range Safety Course (RSO) -[http://www.marinenet.usmc.mil](http://www.marinenet.usmc.mil/)

**Directions**

**From Interstate-5**: If coming from I-5 South, exit at Basilone Road and turn right at the off-ramp. If coming from I-5 North, exit at Basilone Road and turn left at the off-ramp. Follow Basilone Road until you reach the School of Infantry area.



**Check in location:** Camp Pendleton, CA. Combat Instructor School office, in Building 520592, Room 115.

**Administrative Day 1:** Monday, 13 April 2015, NLT 1500 Service “A” Uniform. Have PT gear available for height/weight verification commencing immediately after administrative in-processing.

**Students must check in with:**

* Complete set of orders
* Printed off first page of submitted MROW from last fitness report.
* Detaching endorsement from parent command
* Medical and Dental Records
* Commanding Officer’s Screening Checklist
	+ The Checklist **must** be recertified within 30 days of check-in date
* Motorcycle documentation (if applicable)
* EAS of 20171030 or later. Students without the required amount of obligated service time remaining must execute an extension or reenlistment prior to detaching from your parent command.
	+ If EAS is pending, student must bring a copy of submitted RELM
* Students will have a few miscellaneous expenses upon arrival to Combat Instructor School
	+ School PT shirts (1 short-sleeve shirt $10.00, with the option to buy long-sleeve and additional short-sleeve shirts)
	+ Class soda mess is optional, but encouraged as a way for students to offset end-of-course awards and Warriors Night costs. The soda mess is ran and administered by the students.

**Uniform of the Day:** Seasonal Utility Uniform, Last Friday of the month seasonal Service Uniform, unless in a training status.

 **20k Conditioning Hike is a graduation Requirement**

**1st Class PFT at the end of the course is a graduation requirement**

**PT Prep Guide**

We did not create this preparation guide MARSOC did but it focuses on a lot of the same type of PT that we do at Combat Instructor School.

Grab the PDF [here](http://www.marsoc.com/storage/downloads/marsoc-training-guide-2014.pdf) (5.3 mb)

<http://www.marsoc.com/storage/downloads/marsoc-training-guide-2014.pdf>

Safety: Please take precaution when doing any physical exercise. Proper form and safety are extremely important for your health. If you are unfamiliar with an exercise, please see the photos and descriptions for an explanation of proper form.

**Required Items:**

**ALL STUDENTS WILL RECEIVE THE 52 AREA SUPPLY ISSUES REGARDLESS OF PREVIOUS COMMAND CIF SSUE.**

**STUDENTS MUST REPORT WITH THE FOLLOWING GEAR/EQUIPMENT.**

A. STUDENTS WILL BE ISSUED A COMPLETE 782 GEAR ISSUE AT COMBAT INSTRUCTOR SCHOOL (CIS). ALL STUDENTS SHOULD TURN-IN ALL GEAR FROM OLD COMMAND, BUT MAY RETAIN CURRENT CIF ISSUE AT STUDENTS DISCRETION (TO INCLUDE ALL ITEMS ON HIKE PACKING LIST, PARAGRAPH D.)

B. **COMMON GEAR LIST**

(1) SERVICE “A” UNIFORM W/GARRISON COVER (APPROPRIATE RIBBONS)

(1) SUMMER SERVICE “C” UNIFORM

(1) WINTER SERVICE “B” UNIFORM

(2) MARPAT, WOODLAND UTILITIES WITH NAME AND SERVICE TAPES

(2) MARPAT, DESERT UTILITES WITH NAME AND SERVICE TAPES

(4) SOFT COVERS, (2) WOODLAND, (2) DESERT

(1) APPROPRIATE COLOR MARTIAL ARTS BELT

(6) BLACK, BROWN OR GREEN SOCKS

(2) PAIRS OF BOOTS

(6) SKIVY SHORTS

(6) GREEN T-SHIRTS (**NO LOGOS**)

(2) GREEN PT SHORTS

(4) PAIRS OF WHITE ATHLETIC SOCKS

(1) GREEN SWEAT SHIRT

(1) PAIR OF RUNNING SHOES

(2) SETS OF RANK INSIGNIA

(2) SET HEARING PROTECTION

(1) SHOWER SHOES

(1) SET OF ID TAGS

(1) ID CARD

(1) USMC RUNNING SUIT TOP/BOTTOM

C. **ADDITIONAL REQUIRED ITEM**

(1) REFLECTIVE BELT

(1) HYGIENE GEAR TO INCLUDE SUN BLOCK

(1) WATCH

(2) COMBO LOCKS

(2) BLACK INK PENS

(2) HIGHLIGHTERS

(1) SET OF MAP PENS (PERMANENT)

(2) ALCOHOL PENS

(2) MECHANICAL PENCILS

(1) 8X10 NOTEBOOK

(1) SET 3X5 CARDS

(1) SMALL FLASH LIGHT W/RED LENS

D. **CONDITIONING HIKE PACKING LIST**

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|  | **ITEMS TO BE WORN** |
| **#** | ITEM |
| (1) | ILBE PACK COMPLETE (HIP BELT/LID) |
| (1) | PAIR CAMMIES (SEASONAL DESERT/GREEN) |
| (1) | BOONIE COVER (SEASONAL DESERT/GREEN) |
| (1) | SKIVY SHIRT (GREEN) |
| (1) | SKIVY DRAWR |
| (1) | PAIR SOCKS (BLACK/GREEN/TAN) |
| (1) | PAIR BOOTS |
| (1) | WEAPON SYSTEM (SL3 COMPLETE) |
| (1) | ISSUED DOD IDENTIFICATION CARD |
|  | **INSIDE/ATTACHED TO ILBE PACK** |
| **#** | ITEM |
| (1) | VEST, FRAGMENT (FLAK) |
| (2) | SAPI PLATES |
| (6) | M16 MAGAZINES |
| (3) | DOUBLE MAGAZINE POUCHES |
| (2) | GRENADE POUCHES |
| (1) | HYDRATION SYSTEM, ISSUED |
| (2) | CANTEEN (1 QT) |
| (2) | CANTEEN POUCH |
| (1) | HELMET W/ SEASONAL COVER (DESERT/GREEN) |
| (1) | SLEEPING PAD (ISO MAT) |
| (1) | REFLECTOR STRAP (VISIBLE AND ATTACHED TO ISO MAT) |
| (1) | PAIR CAMMIES (SEASONAL DESERT/GREEN) |
| (3) | PAIR SOCKS (BLACK/GREEN/TAN) |
| (3) | SKIVY SHIRT (GREEN) |
| (3) | SKIVY DRAWERS |
| (1) | PAIR EYE PROTECTION  |
| (1) | PAIR EAR PROTECTION |
| (1) | BLACK (COLD SOP) SLEEPING BAG\* |
| (1) | GREEN (HOT SOP)SLEEPING BAG\* |
| (1) | BIVY SACK |
| (1) | WATERPROOFING BAG (WP BAG) |
| (1) | ENTRENCHING TOOL |
| (1) | ENTRENCHING TOOL CARRIER) |
| (1) | GLOVE, INSERTS (GREEN) |
| (1) | GLOVE, SHELLS (BLACK)\* |
| (1) | FLEECE\* |
| (1) | GORTEX TOP |
| (1) | GORTEX BOTTOM |
| (1) | PONCHO |
| (1) | PONCHO LINER |
| (1) | SET WEAPONS CLEANING GEAR COMPLETE |
| (1) | SET HYGIENE GEAR COMPLETE |

\* DENOTES HOT SOP/COLD SOP ITEMS

**Organization:** The Combat Instructor School is a special duty assignment school under the umbrella of TECOM. For personnel and administrative matters, the students are attached to the School of Infantry (West).

**Student Chain of Command:** As students, your immediate supervisor is your squad advisor. The Course SNCOIC is available, along with the Course Director, to help you with any concerns. If further assistance is necessary, CIS will direct you to the appropriate service agency.

**Administration:** Combat Instructor School will provide you with routine administrative support while you are a student here. Applications for programs offered by the Marine Corps and corrections of errors in records prior to arriving will be deferred until you return to your parent command. CIS conducts all in/out processing, pay matters, and fitness reports. Advance travel may be drawn from your command if travel is other than Government travel Request. Travel pay must be liquidated at your parent command. Advanced per diem may be drawn at your parent command while in attendance at Combat Instructor School.

* **Billeting:** Student billeting is located in building 52609. During normal working hours students will check in with Combat Instructor School staff located in building 520592, room 115. Check in will be in Service Alphas. After hours check in will be located in building 520523, with the regimental AOOD/SDNCO. Let them know you are checking into Combat Instructor School and they will provide barracks for you until you check in the following day with Combat Instructor School staff.

**Computer Lab:** Is located in the back portion of the Combat Instructor Classroom.

**Postal:** There is no post office facility in the 52 Area (San Onofre). The nearest one is in Camp Horno, building 53507, Telephone 725-7547. The mailing address while in attendance at Combat Instructor School is:

(STUDENT RANK AND NAME)

School of Infantry (West)

Combat Instructor School

Box 555061

Camp Pendleton, California 92055-5061

**Warriors Night:** As part of the program of instruction for Combat Instructor School, students are required to plan and participate in a Warriors Night. The Warriors Night will take place the last week of the course. The cost per person ranges from $35 - $40 (prices are subject to change)

**Transportation:** Transportation is limited! There is a bus line that goes throughout the base and goes to Oceanside. It also links with other bus lines. There is a car rental at the Mainside complex, and more are located in Oceanside.

**Fitness Reports:** A "TD" report will be submitted by your reporting senior at your parent command. Upon completion of the course, you will receive an "FD" fitness report. This report will be based on academic achievement, physical fitness, and demonstrated leadership ability. However, all fitness reports will be "Not Observed", with appropriate comments in section "I" (i.e., Top 10% , Distinguished Graduate).

**Class Photo:** Class photos are taken early in the cycle. Purchase is optional. Price is $15.00.

**Graduation:** Students graduate in the Service “B” or "C" uniform. Uniform of the day or higher is required for military guests. Family and civilian guests are welcome. Command participation is highly encouraged. Graduation locations vary from place to place due to availability; please contact CIS for graduation times and locations.

**Command Participation:** Commands are encouraged to visit or call the Academy. Your interest in your Marines can be the difference between pass or fail.

**Athletic Facilities:** The 52 Area Fitness Center has a wide variety of weightlifting equipment, cardiovascular equipment, and an aerobics room. It also features two basketball courts and two racquetball courts. Also, there is a basketball court and volleyball court between the Academy BEQ and multi-purpose room. The nearest swimming pool is in Camp Horno, building 53415. Telephone 725-7830.

**Banks/ATM Service:** A Marine Corps West ATM is located right across from the phone center (between the 52 Area Fitness Center and the Main Exchange). The Marine Corps West Federal Credit Union main office is located at Mainside.

**Hostess House:** The Ward lodging facility which is located at the Mainside complex offers lodging to family members of active duty Marines at $57 a night for a regular room, and $70 a night for a room with a kitchen. The phone number is (760) 725-5304.

**Library:** The nearest library is located at Seaside Square, building 51093, by the Basilone Road gate. The hours of operation are Monday - Thursday, 1200 - 2000 and Friday, Saturday, and Sunday, 1200 - 1700. The library is closed between 1430 - 1500 during those days. Telephone 725-7325.

**Hotels and Motels:** Most local hotels and motels can be found at www.usa-lodging.com for the Southern California Oceanside area.

**The Marine Corps Exchange** (MCX) (52 Area)

**Check Cashing:** Check cashing is available at each MCX facility. All Checks must be approved at Central Check Cashing. There is a $200.00 per day limit on cashing of personal checks.

**Barber Shop:** The barber shop is located in the same building as the convenience store.

Sunday through Thursday: 0900 - 1500 Fridays, Saturdays, and Holidays: Closed

**Dominoes:** This franchise store is located a block south of the Academy complex, building 520467. Hours of operation are Monday - Thursday, 1000 - 2000, Friday, 1000 - 2200, Saturday, 1000 - 2300, Sunday, 1000 - 2000. Telephone 725-7070 (0700-2200).

**Convenience Stores:** There is a convenience store (building 520409) a block south of the Academy complex. Check cashing ($200 per day limit) and laundry/dry cleaning services are available. The hours of operation are Monday - Friday, 0800 - 1900, Saturday, 0900 - 1500, Sunday, 0800 - 1800. Telephone 725-7894.

Monday - Friday (0800-1900)

Saturday, Sunday, and Holidays (0900-1700)

**Auto Hobby Shop:** Building 520170. Hours of operation are Wednesday - Friday, 1400 - 2000, Saturday and Sunday, 0900 - 1600, closed Monday and Tuesday.

**Auto Parts Store:** Building 520170. Hours of operation are Monday - Friday, 1430 - 2030.

**Tire and Auto Center:** The tire and auto center is located at Seaside Square. The phone number is (949) 492-1143. Hours of operation are:

Monday - Friday (0600-1630)

Saturday (0900-1630)

**Commissary Store:** The San Onofre Commissary is located in building 510094. The hours of operation are Tuesday, 1030 - 1830, Wednesday, 1030 - 1830, Thursday, 1100 - 1900, Friday, 1030 - 1830, Saturday, 0900 -1600. The commissary is closed on Sundays and Mondays.

**Dry Cleaning/Tailor Shop:** The 41 area convenience store offers a dry cleaning service. The clothing exchange and the Mainside complex offer tailors.

**Clubs:** The Beach Club in building 51811 is located five miles north of the Academy complex. They have lunch specials Monday - Friday, 1130 - 1330, breakfast is served at 0730, Monday - Friday. On Fridays, social hour starts at 1500 and DJ music is played 1900 - 0100. On Sunday at 0900, the club serves a breakfast buffet. Telephone 725-7186. The SNCO Club ("Iron Mike's Lounge) is located at the South Mesa Club in the 20 Area, building 202850 (towards the Main Gate).

**Naval Medical Clinic:** Students attending CIS will be screened by the resident CIS corpsmen (non-emergency medical cases). If the medical problem is serious and needs further evaluation/diagnosis, the student is referred to the 52 Area Medical Clinic (building 520450) and/or the Camp Pendleton Naval Hospital. If the student is referred to the 52 Area Clinic, he/she needs to pick up his/her medical record from the CIS medical office. The clinic's hours of operation are Monday - Friday, 0730 - 1530, walk-in appointment for sick call hours are 0725 - 0745. Also, there is a Sports Medicine and Rehabilitation Therapy (SMART) Clinic next to the Medical Clinic. The hours of operations are the same as the Medical Clinic's. 52 Area Medical Clinic: 725-7522/7200/7441 SMART Clinic: 725-7043/7046/7029/7056

**Dental Clinic:** The 52 Area Dental Clinic is located next to the Medical Clinic. The hours of operation are Monday - Friday, 0730 - 1530. Sick call hours are 0730 - 0930 daily. If the student is referred to the 52 Area Dental, he/she needs to pick up his/her dental record from the CIS medical office. Telephone 725-7704.

**American Red Cross:** The main office is located in the Naval Hospital and can be reached at 725-6877.

**Military Clothing Sales Store (Cash Sales):** Building 520410 (right next to the Convenience Store). Hours of operation are Monday - Friday, 0900 - 1800, Saturday, 0900 - 1600, Sunday, 0900 - 1700. \*There are NO female uniform items available at SOI clothing store. Those items can be purchased at Mainside PX.

**Navy Marine Corps Relief Society:** The branch office is located in building 520512, a block south of the Academy complex across from the 52 Area Fitness Center. The hours of operation are Monday, Tuesday, Wednesday, and Friday, 0830 - 1600. On Thursdays, the office closes at 1430. The building also houses the Community Service-Career Focus office; it assists Marines in writing resumes, job searches, etc. Also in the same location is the Learning Resource Center, where Marines can access MCI courses and use computers with Internet capabilities. YMCA is also located in the same building, where Marines can relax and watch videos and play pool. The telephone numbers for these offices are as follows: Navy/Marine Corps Relief Society: 725-7497 Community Service-Career Focus: 725-7184 Learning Resource Center: 763-0120 YMCA: 385-4921

**Religious Activities:** The SOI Chapel, building 520510, is located directly across from the Military Clothing Sales Store, half a block from the Academy complex. The Sunday worship schedules are as follows: Protestant services, 0845, Catholic services, 1000, and Latter-Day Saints/Mormon services, 1730. The hours of operation are Monday - Friday, 0730 - 1630.

**Recreation/ITT Office:** Located on the first deck of building 520420, two blocks south of the Academy complex. Hours of operation are Monday - Friday, 0900 - 1700, closed for lunch from 1300 - 1330.

**Scheduled Airlines Ticket Office (SATO):** Located on the second deck of building 520420, two blocks south of the Academy complex. Hours of operation are Monday - Friday, 0800 - 1630.

**The Marine Corps Exchange (MCX) (Seaside Square) Retail Store:** There is an MCX branch located at Seaside Square, building 51093, by the Basilone Road gate. Check cashing is available at this facility.

**Food Franchises:** There is a Sonic Burger at this location.

**Video Rentals:** "RedBox" DVD rental, located between the MCX and Commissary.

**Gas Station:** Gas Plus is also located in the vicinity.

**Travel Agency:** SATO offices are located base wide. The telephone number is (760) 725-4396.

**Dining Facilities:** The 52 Area Mess Hall, building 520430, is located across the street from the CIS office , behind the Convenience Store/52 Area MCX. Telephone (949) 369-1290. The following are the hours of operation and meal prices: Breakfast (Monday - Friday) 0500 - 0700 $1.90 Breakfast Brunch (Saturday, Sunday, Holidays) 0800 -1100 $4.10 Lunch (Monday - Friday) 1100 - 1300 $3.55

Dinner Brunch (Saturday, Sunday, Holidays) 1500 - 1700 $5.00 Dinner (Monday - Friday) 1600 - 1800 $3.55

**Combat Instructor's Creed**

I am a Combat Instructor. I am a mentor and leader to my students. I am the example of a combat ready Marine, and will inspire my students to emulate me. I will mentally and physically train them in infantry tactics, techniques and procedures. I will train them with vigor, enthusiasm, and make them combat efficient. I will treat them with firmness, fairness, dignity and respect. My moral courage, leadership and discipline are unquestionable and my students will never fear me. I will never forget I am accountable to my Marines to provide them the training necessary to survive in combat.

**Curriculum**

This course is designed to train and educate instructors in the leadership, knowledge and skills required to formally train Marines in Marine Corps Common Skills. The student to instructor ratio is about 7:1; the instructor staff is composed of Sergeants, Staff Sergeants, and Gunnery Sergeants.

A general overview of the course:

* 458 Academic Hours
* 60 Physical Training Hours
* 50 Kilometers of Hikes
* 103 Performance Evaluations
* 8 Written Examinations

The curriculum includes the following subjects:

* Individual & Crew Served Weapons (M4/M16, M9, M203, M67, M240, and AT-4)
* Land Navigation
* Combat Conditioning
* Marine Corps Martial Arts Program Sustainment
* Cardiopulmonary Resuscitation and TCCC
* Offensive and Defensive Techniques
* Combat Hunter
* Scouting and Patrolling
* School of Infantry Standard Operating Procedures (SOP)
* Leadership
* MOUT/Immediate Actions
* Combat Marksmanship
* Formal Schools Instructor Course
* Drill a Unit
* Optics
* IED Training
* ECP/VCP and Guardian Angel
* PERRES (Performance Resiliency Program)
* Communications

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| **CI SCHOOL DRILL CARD** |
|  |
| **FORM THE PLATOON** |
| **PARADE REST** |
| **PRESENT ARMS** |
| **SIDE STEP (LEFT & RIGHT)** |
| **FORM FOR INSPECTION** |
| **BACK STEP** |
| **RIGHT FACE** |
| **CLOSE WHILE HALTED** |
| **COLUMN RIGHT HALTED** |
| **EXTEND WHILE MARCHING** |
| **COLUMN LEFT** |
| **RIGHT FLANK/ RETURN TO COLUMN** |
| **LEFT OBLIQUE** |
| **COLUMN HALF LEFT (REPEAT)** |
| **CHANGE STEP** |
| **COLUMN LEFT** |
| **EYES RIGHT** |
| **FALL OUT** |

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|  |
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| **COLUMN LEFT** |
| **EYES RIGHT** |
| **FALL OUT** |