

# Individual Runner Category

## 15th Annual Marine Mess Volkslauf 10k Official Registration Form

- \* Runner must be over 18
- \* Uniform at your own discretion

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**Gender:**

Male

Female

\_\_\_\_\_  
Name (Must be over 18)

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip

(     )

\_\_\_\_\_  
Area Code Phone Number

\_\_\_\_\_  
E-mail Address

\_\_\_\_\_  
Signature

\_\_\_\_\_  
**Runner's Age**  
**On Race Day**

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I hereby for myself, executors and administrators waive and release any and all rights and claims against the persons and organizations affiliated with the Volkslauf race, including but not limited to, the Marine Corps Detachment, Fort Leonard Wood, their officers, agents, and volunteers, and the Army aboard Fort Leonard Wood, its officers, agents and employees, from any and all liability of any nature in any way arising out of the condition of the premises in or around the race course and agree to assume all risk concerning the Volkslauf race course, the condition of the Volkslauf race course or the suitability of the Volkslauf race course for the conducting of the race event. This includes participation in or travel to or from the Volkslauf race scheduled for June 14, 2014. I further attest that I am physically fit and have trained for this event, that I am aware of the difficulty of the obstacles integrated into this event and have attired myself accordingly. Further, I agree to indemnify the Marine Corps Detachment and Fort Leonard Wood Army Base, its officers, agents, and volunteers, and the City of Saint Robert, its officers, agents and employees from my use of the Volkslauf race course.

**SHIRT SIZES** - Please indicate shirt size (one per runner)

S \_\_\_\_\_

M \_\_\_\_\_

L \_\_\_\_\_

XL \_\_\_\_\_

**RETURN COMPLETED ENTRY FORM AND REGISTRATION FEE  
TO MARINE DETACHMENT S-4 BLDG 1705 ABOARD FLW  
(CORNER OF MINNESOTA AND 8th Street, Specker Area)  
MONDAY-FRIDAY 0800 – 1600**

**Number issued: Red \_\_\_\_\_**

# Military Uniform Team

## 15th Annual Marine Mess Volkslauf 10k Official Registration Form

**\*\*\* If under 18 years old - Parent/Guardian must sign!!! \*\*\***

- \* Military Uniform consists of utility trousers, T-shirt, and boots.
- \* Team Captain must be over 18
- \* Teams will be inspected prior to run start.
- \* Teams not in proper uniform will be disqualified from Military Uniform Category and entered into Non-Military Uniform category

**Category: (Check One)**

**TEAM NAME:** \_\_\_\_\_

Team Captain Name (Must be over 18)	Address	City	State	Zip
(    )	_____	_____	_____	_____
Area Code    Phone Number	E-mail Address	Signature	<b>Runner's Age</b>	
			<b>On Race Day</b>	

Name (Runner #1)	Address	City	State	Zip
(    )	_____	_____	_____	_____
Area Code    Phone Number	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
			<b>On Race Day</b>	

Name (Runner #2)	Address	City	State	Zip
(    )	_____	_____	_____	_____
Area Code    Phone Number	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
			<b>On Race Day</b>	

Name (Runner #3)	Address	City	State	Zip
(    )	_____	_____	_____	_____
Area Code    Phone Number	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
			<b>On Race Day</b>	

Name (Runner #4)	Address	City	State	Zip
(    )	_____	_____	_____	_____
Area Code    Phone Number	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
			<b>On Race Day</b>	

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**SHIRT SIZES** - Please indicate the number of shirts needed for each size (one per runner)

S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

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MONDAY-FRIDAY 0800 – 1600**

**Number issued: Black** \_\_\_\_\_

# Male Team

## 15th Annual Marine Mess Volkslauf 10k Official Registration Form

**\*\*\* If under 18 years old - Parent/Guardian must sign!!! \*\*\***

- \* Team Captain Must be over 18
- \* Uniform at the discretion of Team Captain
- \* Parent/Guardian must sign for all youth entrants!!!

**Category: (Check One)**

Male Team

**TEAM NAME:** \_\_\_\_\_

Team Captain Name (Must be over 18)	Address	City	State	Zip
(      )	E-mail Address	Signature	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

Name (Runner No. 1)	Address	City	State	Zip
(      )	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

Name (Runner No. 2)	Address	City	State	Zip
(      )	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

Name (Runner No. 3)	Address	City	State	Zip
(      )	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

Name (Runner No. 4)	Address	City	State	Zip
(      )	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

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**SHIRT SIZES** - Please indicate the number of shirts needed for each size (one per runner)

S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

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# Female Team

## 15th Annual Marine Mess Volkslauf 10k Official Registration Form

**\*\*\* If under 18 years old - Parent/Guardian must sign!!! \*\*\***

- \* Team Captain Must be over 18
- \* Uniform at the discretion of Team Captain
- \* Parent/Guardian must sign for all youth entrants!!!

**Category: (Check One)**

Female Team

**TEAM NAME:** \_\_\_\_\_

Team Captain Name (Must be over 18)	Address	City	State	Zip
(    )	E-mail Address	Signature	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

Name (Runner No. 1)	Address	City	State	Zip
(    )	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

Name (Runner No. 2)	Address	City	State	Zip
(    )	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

Name (Runner No. 3)	Address	City	State	Zip
(    )	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

Name (Runner No. 4)	Address	City	State	Zip
(    )	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

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**SHIRT SIZES** - Please indicate the number of shirts needed for each size (one per runner)

S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

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# Co-Ed Team

## 15th Annual Marine Mess Volkslauf 10k Official Registration Form

**\*\*\* If under 18 years old - Parent/Guardian must sign!!! \*\*\***

- \* Team Captain Must be over 18
- \* Uniform at the discretion of Team Captain
- \* Parent/Guardian must sign for all youth entrants!!!

**Category: (Check One)**

Co-Ed Team

**TEAM NAME:** \_\_\_\_\_

Team Captain Name (Must be over 18)	Address	City	State	Zip
(      )	E-mail Address	Signature	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

Name (Runner No. 1)	Address	City	State	Zip
(      )	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

Name (Runner No. 2)	Address	City	State	Zip
(      )	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

Name (Runner No. 3)	Address	City	State	Zip
(      )	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

Name (Runner No. 4)	Address	City	State	Zip
(      )	E-mail Address	Signature/(Legal Guardian if under 18)	<b>Runner's Age</b>	
Area Code    Phone Number			<b>On Race Day</b>	

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**SHIRT SIZES** - Please indicate the number of shirts needed for each size (one per runner)

S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

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