

FMST:

COURSE DESCRIPTION:

During this 8 week course, you will have a mix of classroom and field training. Emphasis is placed on learning field medicine by using the principles of Tactical Combat Casualty Care (TCCC). This includes familiarization with USMC organization and procedures, logistics, and administrative support in a field environment. Additionally, training will include general military subjects, individual and small unit tactics, military drills, physical training/conditioning, and weapons familiarization with the opportunity to fire the rifle. Completion of FMST results in the student receiving Navy Enlisted Classification HM-8404. See "Student Material" to download a copy of the Student Manual that you will use during your training (you will receive a copy of this text upon arrival).

RESERVIST BILLETS:

If you are a Reservist and need a quota for a seat, please have your Reserve Center Training Department contact the Medical Program Manager in New Orleans, LA.

COMMAND ADDRESS AND PHONE NUMBERS:

Commanding Officer
Field Medical Training Battalion
PO Box 555243
Camp Pendleton CA 92055
(760) 725-2559 (during working hrs)
(760) 725-2559 (after working hrs)

FAX: (760) 725-2799

COMMAND LOCATION:

FMTB is located onboard Camp Pendleton, in Oceanside, CA. Camp Pendleton is a very large base that covers a wide area.

FMTB is located in the 21 Area of Camp Pendleton. From San Diego Airport take I-5 north to Oceanside and follow the signs to Camp Pendleton. Once on board take a left at the first light and go over the bridge to the 21 area/Del Mar. The school house is located near the headquarters building with the large flag pole.

REPORTING INFORMATION:

Please read your orders in their entirety. Focus on the report no later than date for FMTB. If reporting earlier than the report no later than date you will report to Naval Hospital Camp Pendleton and will be placed in Perspective Student Input (PSI) status.

- Personnel will report to FMTB Camp Pendleton, Building 210730 by their no later than date annotated on their orders. Google Maps: 21 Area Parade Deck Camp Pendleton South, CA .
- Personnel shall report in the appropriate seasonal dress uniform, i.e. khakis, Dress Blues or Service Dress Whites. The winter uniform period is from approximately mid-October through mid-March. You may telephone the school to confirm the type of uniform required. Phone (760) 725-2559.
- Personnel shall report with their original orders, service, health, dental, and pay records or documents.
- Personnel reporting on TAD orders should report with their original TAD orders.

ISSUED GEAR:

Bring a complete sea bag. For the first few days of class, you will be wearing your NWU's (blue digitals). For graduation, you will be wearing either your Dress Whites or Dress Blues. All uniform items listed below will be issued to you shortly after arrival:

- 1 duffel bag
- 1 belt reflective
- 2 insignia, service uniform collar
- 1 pair of Infantry Combat boots
- 1 pair of hot weather boots
- 2 Utility Covers (1 Woodland and 1 Desert)
- 2 Booney Covers (1 Woodland and 1 Desert)
- 4 Combat Utility Blouses (2 Woodland and 2 Desert)
- 4 Combat Utility Trousers (2 Woodland and 2 Desert)
- 6 pairs of cushion sole socks
- 4 sets name tapes (2 Woodland and 2 Desert)

- 6 green undershirts (3 cotton and 3 synthetic)
- 1 Sweater
- 1 pair of green shorts
- 1 Marine Corps sweat suit (top and bottom)
- 1 web belt
- 1 belt buckle

WHAT TO BRING:

At the conclusion of the training day, based upon your academic and physical performance, and conduct, liberty will be granted so bring proper civilian attire. When you leave the base, you will be in proper civilian attire. Proper civilian attire is defined as clothing that does not bring discredit upon yourself or the military. Clothing that is frayed or in disrepair is not authorized. Also, if your pants or shorts have belt loops, you are expected to wear a belt. PT gear will not be worn as civilian attire. Remember, there are plenty of Marines and Sailors out there ready to correct inappropriate attire. You represent the Navy, in and out of uniform, so take pride in your personal bearing and appearance. Additionally, the items listed below can be purchased upon arrival or you may bring them with you:

- Whistle
- Good pair of running shoes with white socks (no basketball shoes)
- Flashlight with red lens
- Pen and highlighter
- 4 sets of boot bands
- 4 key locks (combination locks are not authorized)
- 1 mesh laundry bag
- Sufficient amount of toiletry items to provide for your personal comfort during the training period
- 1 set of dog tags (red tags for allergies)

- Medical equipment (EPI pen, inhalers, etc.,)
- Sunscreen
- Wrist watch
- Shower shoes
- 2 towels

BILLETING:

For personnel reporting to FMTB, berthing will be available in open bay barracks at no cost. A blanket, pillow, and linen will be issued to you upon check-in. These items must be returned upon detaching.. See “Student Materials” to download a copy of the FMTB Rules and Regulations that covers all the rules and regulations of life at FMTB.

Storage space while at FMTB is limited. Do not bring large radios, televisions, or other large items as you will NOT have a place to store them. Additionally, knives over 3 inches in length and personal weapons (guns) are prohibited on base. It is not recommended to bring expensive jewelry, watches or cameras that run the risk of being stolen. NOTE: Cameras are allowed but may become damaged. A disposable camera is recommended.

PHYSICAL CONDITIONING:

As with any Marine Corps command, physical training is a large and very important part of Fleet Marine Force (FMF) training and education. This course is physically demanding and preparation prior to reporting is extremely essential. A daily routine of running two to four miles, sit-ups, and push-ups should be adequate to prepare you. Over the eight week course, FMST students will hike over 25 miles with full combat load, participate in the Navy PFA, the Marine Corps PFT, group PT, Company and Platoon runs.