

FMSO

COURSE DESCRIPTION

This course will be primarily classroom/didactic training. While the opportunity may present itself to do some activities in the field; the primary focus of this course is to provide you with an orientation to the FMF. This course is not intended to function as a postgraduate symposium on medicine or dentistry. However, current medical problems and trends specific to serving with the Marine Corps will be presented. The central purpose of this program is to orient and train Medical Department officers to successfully function with medical units within the FMF or with Mobile Construction Battalions.

RESERVIST BILLETS

To attend the FMSO course using ADT funds, send an email request to the Operational Support Officer (OSO) at Navy Medicine Manpower, Personnel, Training & Education (NMPT&E) Command or via phone at (301) 319-4740 to get a Billet Control Number (BCN). All other request for funding to attend the course must be submitted through your local Navy Operational Support Centers (NOSC).

COMMAND ADDRESS AND PHONE NUMBERS

Commanding Officer

Field Medical Training Battalion

PO Box 555243

Camp Pendleton CA 92055

(760)725-2559 (during working hrs)

(760) 725-2559 (after working hrs)

FAX: (760) 725-2799

COMMAND LOCATION

FMTB is located onboard Camp Pendleton, in Oceanside, CA. Camp Pendleton is a very large base that covers a wide area.

FMTB is located in the 21 Area of Camp Pendleton. From San Diego Airport take I-5 north to Oceanside and follow the signs to Camp Pendleton. Once on board take a left at the first light and go over the bridge to the 21 area/Del Mar. The school house is located near the headquarters building with the large flag pole.

REPORTING INFORMATION

Students are to report in the Navy Service Uniform, or the Marine Corps Combat Utility Uniform (MCCUU). The uniform for the first day of class will be the desert MCCUU with physical training gear

underneath. If you will be checking in during normal working hours, (0730-1630), report directly to the school headquarters, Building 210730, S-1, Second Deck. If you will be checking in after normal working hours, report to the FMTB-W Quarterdeck, Building 210730. Google Maps: 21 Area Parade Deck Camp Pendleton South, CA. The duty phone is 760-725-2559 and is manned 24/7. The parking area for FMSO students is located at the gravel parking lot, in front of BLDG 210730.

WHAT TO BRING

All personnel attending FMSO shall bring the following items with them:

- Good pair of running shoes with white socks (not basketball shoes)
- Pen and highlighter
- 4 sets of boot bands
- 1 set of dog tags (red tags for allergies)
- Sufficient amount of toiletry items to provide for your personal comfort during the training period
- Medications (EPI pen, inhalers, etc.,)
- Sunscreen
- Good hearing protection
- Insect repellent

Officers are required to bring or purchase their own uniforms. No uniforms will be issued by FMTB. If you will be going to a Marine Corps command after you graduate from FMTB, you should bring:

- 2 complete sets of each MCCUU (Digital pattern desert and woodland) uniforms
- 2 Camouflage Navy covers (without USMC Emblem) with subdued (blackened) officer cover device
- 2 Khaki belts with open gold buckle
- 4 pairs of brown, black, or green boot socks
- 2 sets of shiny collar devices (rank on right, corps device on left)
- 2 pairs of brown USMC combat boots (Infantry Combat boots, hot weather boots)
- 4 green t-shirts
- 2 pairs of dark blue Navy PT shorts

The uniform of the day for the Marine Corps has been synchronized with daylight savings time (DST). During summer months, the Desert MCCUU will be worn with sleeves down. During winter months, the uniform of the day is Woodland MCCUU with sleeves down. Bring both no matter what season! For those who will be going to a USMC command and are not able to purchase the USMC MCCUU at your local Exchange, you can order your uniforms online at: <http://www.usmc-mccs.org/uniforms>

At the conclusion of the training day, usually 1630 – 1700, liberty will be granted. Appropriate civilian attire should be brought with you for this purpose.

PROHIBITED ITEMS

- Knives over 3 inches in length
- Personal Weapons (Guns)

NOTE: Cameras are allowed but may become damaged. A disposable type is recommended.

PHYSICAL TRAINING (BRING YOUR HEALTH RECORDS, NO TRAINING WITHOUT THEM!)

As with any Marine Corps command, physical training (PT) is a large and very important part of overall FMF training and education. The course is physically demanding and preparation prior to reporting is extremely essential. Students are expected to maintain Navy body fat composition and grooming standards. All Students will be measured (height, weight, and body fat) on the first day of class. ARRIVE IN STANDARDS AND IN SHAPE! You will not be able to participate in training if you are out of standards. On Training Day Two, an inventory Navy Physical Fitness Assessment (PFA) consisting of: sit-ups, push-ups, and a 1.5 mile timed run will be conducted (swimming is NOT an option). Other physical training conducted during the course includes:

- 3-4 PT evolutions
- A 6 mile hike with gear (gear will be issued, then returned)
- Gas chamber
- 9mm Pistol Range (Familiarization Fire)
- Marine Corps Obstacle Course
- Litter Obstacle Course

PERSONAL AFFAIRS PRIOR TO ARRIVAL

- In order to arrive at the school fully prepared and to prevent undue hardships on you and your dependents, the following procedures should be addressed prior to arriving at this command:
- Ensure that dependents are adequately provided for
- Obtain a Will and a Power of Attorney (if desired)
- Update immunizations as required
- Bring current Military Identification Card (check expiration)

GALLEY/MESSHALL

Students should check in with a minimum of \$100.00 cash for meals and incidentals. Meals hours and rates for the dining facility are as follows:

DAYS OPEN CLOSE PRICE

Breakfast Mon-Fri 0530 0730 \$2.45

Lunch Mon-Fri 1100 1300 \$4.55

Dinner Mon-Fri 1630 1800 \$4.55