

Welcome Aboard!

Dear Marine,

On behalf of the Marines and Sailors of Headquarters and Service Battalion (HQSVC Bn), we want to welcome you to Marine Corps Base Quantico, "the Crossroads of the Corps." You are now a member of the "the Beast" - the Marine Corps' largest battalion. Our mission is to train, administer, and sustain our 2600 Marines and Sailors in order to ensure their individual readiness and enable our supported organizations to concentrate on their respective missions. When you joined the Marine Corps, you joined a close-knit family. We encourage you to be an active part of our battalion family.

The Commandant of the Marine Corps has charged each of his Commanders with putting the welfare of his Marines, Sailors, and their families at the forefront while accomplishing the mission. Within HQSVC Bn, the responsibility for ensuring your welfare rests with our commanders and senior enlisted advisors, with support from the Uniformed Readiness Coordinator (URC), Single Marine Program representatives, the Chaplains, and Marine Corps Community Services (MCCS). Each member of this team is here to serve you to ensure your tour at HQSVC Bn is challenging and rewarding.

During your tour, you are encouraged to take advantage of the vast array of MCCS programs on base and the incredibly enriching activities off base. We're confident that if you take full advantage of all that this tour has to offer, you'll realize why our Marines re-enlist at a rate greater than the Marine Corps Average.

For those with dependent family members, our URC, Captain Richard F. Diana, is your advocate. He will provide you with the information about the bountiful resources available through MCCS here on base. These resources include information for family care and readiness, recreation programs, behavioral health, physical and mental health, personal and professional development, and activities both on board Quantico as well as within the National Capital Region. If you have any questions, you can reach Captain Diana by phone at (703) 784-2555 or email at richard.diana@usmc.mil.

The Sergeant Major and I are confident you will find this a rewarding tour of duty, we look forward to meeting you and hearing about your experience as a member of "The Beast."

Semper Fidelis,

G. E. MACIAS

SgtMaj, U.S. Marine Corps

Sergeant Major

HQSVC Bn, MCB Quantico

E. J. DANIELSON

Colonel, U.S. Marine Corps

Commanding Officer

HQSVC Bn, MCB Quantico

Quantico Mainside Map



MCB Quantico Important Contact Numbers

| Program | Description/Notes | Phone Number | Point of Contact/Email |
|---|---|--|---|
| School Liaison Officer | Provides support for school related issues and concerns | 703-784-4729 | MCFTB House / quanticoschoolliaison@usmc- mccs.org |
| Exceptional Family Member Program | Provides support services for families with diagnosed medical and/or educational needs | 571-931-0524 | MCFTB House / quanticoefmpoffice@usmc- mccs.org |
| Educational and Developmental Intervention Services (EDIS) | Help for children up to the age of 3 who may be experiencing developmental delays | 703-784-4832 | Mrs. Kathy Olson – Office is located on Neville Road |
| | Intervention Services for age 3 years + | 703-784-4248 | Mrs. Bleydis Borge – Office is located in Burrows Elementary |
| Quantico Youth Center / SAC Program (CYP) | Affiliated with the Boys & Girls Club of America & offers activities for ages 6 – 18 | 703-784-2249 | Bldg. 3312 on Purvis Road |
| Quantico Child Development Center (CDC) | Offers three types of childcare: full-day care, part-day preschool & hourly | 703-784-3652 703-784-4470 | CDC North – Bldg. 3311 CDC South – Bldg. 3314 |
| Voluntary Education Center (VEC) | Support all levels of off-duty education, from obtaining a GED to graduate degrees | 703-784-3340 | Building 3088 on Roan by the base swimming pool. |
| Information and Referral Specialist (I&R) | Links active duty & their families to a variety of services & programs provided by both military and civilian resources | 703-784-2659 800-336-4663 | Mrs. Kim Bennett – Office located in the Chapel Annex – Religious & Family Service Center, 3019 Embry Loop Road |
| Financial Counselor | Financial management specialist available to provide information & assistance to those in need of financial counseling or debt management. He can help you create a budget. | 703-784-2650 | Mr. Louis Bromley – Office located in the Chapel Annex – Religious & Family Service Center, 3019 Embry Loop Road |
| Family Member Employment Assistance Program (FMEAP) | Can help w/ resume writing, job searches, improvement workshops & individual counseling | 703-784-3232 703-784-2511 800-784-2848 | Mrs. Barbara West – Office located in the Chapel Annex – Religious & Family Service Center, 3019 Embry Loop Road |

MCB Quantico Important Contact Numbers (cont)

| Program | Description/Notes | Phone Number | Point of Contact/Email |
|------------------------|--------------------------------|------------------------------|----------------------------------|
| New Parent | Licensed nurses/social | 703-784-4248 | Mrs. Nina Manganaris – Office |
| Support Program | workers that provide | | located in Little Hall-Building |
| (NPSP) | educational & support | | 2034 on Barnett Ave |
| | services to families who are | | |
| | expecting or have a child up | | |
| | to the age of 6. Baby Boot | | |
| | Camp Classes, Moms Support | | |
| | Groups, etc. | | |
| Marine Corps | Family Readiness classes, | 703-634-2678 | MCFTB House / |
| Family Team | LifeSkills Classes, L.I.N.K.S. | | mcftbquantico@usmc-mccs.org |
| Building (MCFTB) | Classes and Spouses Learning | | |
| | Series | | |
| Relocation | Welcome Aboard Briefs, | 703-784-2659 | Office located in the Chapel |
| Assistance | relocation workshops, Loan | 703-784-4663 | Annex – Religious & Family |
| Program (RAP) | locker with items such as car | | Service Center, 3019 Embry Loop |
| | seats, high chairs, etc. | | Road |
| Lincoln and | Family Housing | 703-432-8500 | 13201 Perkins Street |
| Family Housing | | | |
| Office | | | |
| American Red | Offers many program and | 703-784-3113 | Office located in Little Hall |
| Cross | assistance to include | | |
| | Budgeting for Baby Class | | |
| Navy Marine | Offers many programs and | 703-784-9754 | Offices located in Little Hall |
| Corps Relief | assistance to include | | |
| Society | Budgeting for Baby Class | | |
| Naval Health | No Emergency Services | 888-784-1802 | Located at 3259 Catlin Avenue |
| Clinic Quantico | Available | 703-784-1725 | |
| Prevention and | Teaches couples | 703-784-2518 | Classes are held at the Chapel |
| Relationship | communication skills – One | | Annex – Religious Family Service |
| Enhancement | day (7 hr) workshop for | | Center 3019 Embry Loop Road |
| Program (PREP) | married & engaged couples | | - 44 |
| Barber Fitness | Personal Trainers, Health | 703-432-0590 | Building 2073 Barnett Avenue |
| Center (BPAC) | Promotions, etc. | 703-784-2003 | |
| Recreation, | Discount tickets and | 703-432-8850 | Located inside Marine Corps |
| Information, | vacations | | Exchange Building 3500 |
| Tickets & Tours | | | |
| (Rec ITT) | | 702 422 0000 | 2500 DueII DI |
| Marine Corps | | 703-432-8800 | 3500 Russell Road |
| Exchange (MCX) | | 702 704 2222 | www.commissories.com |
| Quantico Commissary | | 703-784-2233 | www.commissaries.com |
| • | | 702 704 2044 | |
| Base Locator | | 703-784-3941 800-268-3710 | |
| Raco DMO | | | |
| Base PMO | | 703-784-2251 | |

Newly Married Check List

Obtain an original certified copy of your marriage certificate/license from the county where the marriage took place.

MILITARY PERSONNEL OFFICE OR UNIT ADMINISTRATION OFFICE

Obtain an ID card for your spouse—you will need the DD Form 1172 and the marriage certificate. Also enroll spouse in DEERS (Defense Eligibility Enrollment Reports System) while obtaining the ID card so they are eligible for healthcare benefits. ID cards are made in Little Hall, Building 2034. A DD1172 can be obtained at www.dmdc.osd.mil/self service using a CAC card login.

Apply for BAS (Basic Allowance for Subsistence) or comrats if spouse is joining sponsor at command.

Change the beneficiary on SGLI if desired by visiting www.mypay.gov.

Set up an allotment for spouse if in a deployable status or if desired by visiting www.mypay.gov.

Change state and federal income tax withholdings status to reflect married status if desired by visiting www.mypay.gov.

Enroll spouse in United Concordia Dental Plan if desired.

BASE HOUSING OFFICE

Apply for base housing or get a list of off-base housing referrals if spouse is joining sponsor at command. Housing is located at Building 3049 Lincoln Properties. Their number is 703-784-2711.

MEDICAL

Visit https://www.tricare.mil/LifeEvents/Marriage for step by step instructions. Keep in mind that everyone is automatically enrolled in TriCare Standard (PPO). If you want TriCare Prime (HMO), you must enroll in it. This website has links to information about both plans.

BANK

Set up or change bank accounts to joint status if desired. Change beneficiary on any other life insurance policies.

Add spouse to your car insurance policy.

Change spouse's Social Security Card to reflect married name if desired. Contact your local Social Security Office by calling 1-800-772-1213 or by visiting www.ssa.gov.

BASE

Attend the Commanding General's Welcome Aboard Brief to learn valuable information about the base and its resources.

Encourage spouse to attend a L.I.N.K.S. (Lifestyles, Insights, Networking, Knowledge, and Skills) session which will provide valuable information about the Marines Corps and other base resources. L.I.N.K.S. is located at Quarters 206 and the phone number is 703-784-1211.

For spouse employment opportunities, check out the Career Resource Management Center at the Marine Corps Community Services Office. They offer a variety of services to help in the job seeking process, as well as various employment listings. They are located in Little Hall Building 2034 and their number is 703-784-2511.

Check out the Marine Corps Community Services Office in the basement of Little Hall Building 2034. They offer a variety of services such as Information and Referral, Relocation Assistance Program, New Parent Support Program, Financial counseling, Exceptional Family Member Program, Transition Assistance Program, Marriage and Family Counseling, as well as many valuable workshops and more! Their number is 703-784-2659 for more information.

Newly Married Check List (Continued)

Additional Information for New Military Spouses

Community Services Center: Various services offered including Information and Referral, Financial Counseling, Relocation Assistance Program, Exceptional Family Member Program, Marriage and Family Counseling, Transition Assistance Program, Career Resources Management Center and more. Please call 703-784-2659/0 for more information.

Marine Corps Family Team Building: Consists of the Family Readiness Program, the L.I.N.K.S. program, Marriage Preparation Seminar, Chaplain's Religious Education Development Operation (CREDO) and Life Skills and Readiness and Deployment Support. For more information on these programs please call 703-432-1901.

Navy Marine Corps Relief Society: Non-profit organization providing financial and budgeting assistance and education. Volunteers are always welcome and it is a great place to learn about the life in the military. They offer a "Budget for Baby" class as well. Visiting Nurses are available to assist those in need. Please call 703-784-9754/5.

New Parent Support Program: Service offered to parents with children under the age of 6 to provide support through parent education classes, home visits and parent support groups. They offer "Baby Boot Camp" to help teach new parents infant care. Classes not only help new parents understand their child's development, but how to raise children in a military environment. Please call 703-784-4248.

American Red Cross: Classes and presentations on emergency response, disaster preparedness, HIV, CPR, Community First Aid, Baby Sitting, and more. Note: there is a fee for some classes. Call 703-784-3113 for more information.

Semper Fit Program: Classes offered on stress management, nutrition, Yoga, health, habit, control, and other topics. Please call 703-432-0590 or 703-784-2003 for more information.

TriCare Service Center: Located in the Naval Medical clinic on mainside. To schedule an appointment at the clinic call 703-784-1725 or visit www.tricare/osd.mil. For more information on your TriCare benefits or to check enrollment status for the TriCare Northern Region call 1-877-TRICARE (874-2273).

As a tip for student Marines and their spouses, talk to your OSO or OIC about getting your orders to TBS moved up a week. This will give you time to find a house/apartment.

Spouse Employment Education/Volunteering

EMPLOYMENT RESOURCES

Marine & Family Programs Employment Assistance Assistance with resumes and interviewing, federal hiring process, resume assistance, interviewing techniques, and the federal application process. Register on-line at:

http://mccscp.com/home/recreation/SFOnlineClassRegistration.aspx

Hiring Our Heroes A nationwide initiative by the U.S. Chamber of Commerce Foundation to help veterans, transitioning service members, and military spouses find meaningful employment opportunities. They will assist you in building your resumé.

https://www.uschamberfoundation.org/hiring-our-heroes

Military Spouses Employment Partnership Website http://www.msepjobs.com/skins/msep/home.aspx?AllowSSL=true%2ctrue

Federal Jobs http://www.usajobs.gov

MCCS Job Preference

This is a DoD program instituted to lessen the adverse impact on the career paths of spouses of active duty service members. Most MCCS jobs are posted at: http://www.usmc-

mccs.org/employ/jobvacs.cfm?sid=emp&smid=2

□ Military OneSource - Volunteering as a First Step Toward Employment http://www.militaryonesource.mil/education-and-employment/spouse-education-and-career-opportunities?content id=281024

EDUCATION RESOURCES

Quantico Voluntary Education Center http://www.quantico.usmc-mccs.org/index.cfm/marine-family-programs/voluntary-education-center/

Military OneSource - Spouse Education & Career Opportunities Tip s and
resources for education and locating employment
http://www.militaryonesource.mil/seco

Cardinal Institute for Health Careers

Current programs offered: Personal Care Aide, Nurse Aide, Phlebotomy, SafeSitter Babysitting, Basic Life Support, CPR/First Aide. DMAS certified, S.C.H.E.V. certified, and Virginia Board of Nursing approved. Payment plans available. Call for a no-obligation tour. www.cihealthcareers.com

150 Riverside Parkway, Suite 211, Fredericksburg, VA 22406 540-479-6600

Spouse Employment Education/Volunteering

VOLUNTEERING

Please visit the following link for a number of local volunteer opportunities:

http://www.quantico.usmc-mccs.org/index.cfm/marine-family/quantico-volunteer-opportunities/off-base-volunteer-opportunities/

Children's Education Programs at the National Museum of the Marine Corps - The Education Department of the NMMC is seeking Marine Corps spouses to volunteer with puppet shows, children's education programs, and family day activities. If you are interested in finding out more information, contact Martha Stout at Martha.stout@usmc.mil or 571-220-2445.

USO https://volunteers.uso.org/?nd=login

Operation Home Front http://www.operationhomefront.org/

American Red Cross http://www.redcross.org/volunteer/become-a-volunteer#step1 2034 Barnett Ave, Quantico, VA 22134 703-784-3113

MCCS Youth Sports http://www.quantico.usmc-mccs.org/index.cfm/semper-fit/youth-sports/mission-and-rules/ Barber Physical Activity Center, 2073 Barnett Ave, Quantico, VA 22134 703-784-9756

Navy / Marine Corps Relief Society http://www.nmcrs.org/page/s/volunteer-with-nmcrs 2034 Barnett Ave, Quantico, VA 22134 703-784-3355

MCB Volunteer Program—The Volunteer Program provides volunteer opportunities to active duty personnel, their family members, retirees, veterans, and civilians to connect the installation and community volunteer resources. If you are interested in continuing to volunteer in the MCBQ community, your first step will be to request a Volgistics account by completing the requested information at https://www.volgistics.com/ex/portal.dll/ap?ap=1470834438. Within 7 days you will receive a welcome e-mail that will include your temporary password into the Volunteer Information Center Network Portal (VicNet) which can be found at https://www.volgistics.com/ex/portal.dll/?from=168723.

School & Child Care Options

DOD SCHOOLS: (Must reside in MCB Quantico housing)

□Crossroads Elementary School - 703-630-7065

http://www.dodea.edu/CrossroadsES/ 3315 Purvis Rd, Quantico, VA 22134

□**Quantico Middle/High** (Grades 6-12) - 703-630-7055

http://www.dodea.edu/QuanticoMHS/ 3307 Purvis Rd, Quantico, VA 22134

COUNTY PUBLIC SCHOOLS

|Prince William County Public Schools

□Stafford County Public Schools www.staffordschools.net

□ Fredericksburg City Schools www.cityschools.com

www.pwcs.edu

□Spotsylvania County Public School

www.spotsylvania.k12.va.us/
□Fauquier County Public Schools
www.fcps1.org

PRIVATE SCHOOL OPTIONS:

□**Colonial Baptist Academy** - 540-659-1810

https://www.facebook.com/colonialacadem y/?rf=1500510086894558 2726 Jefferson Davis Hwy, Stafford, VA 22554

□ Fredericksburg Christian School - 540-659-1279

www.fredericksburgchristian.com 101 Shepherds Way, Stafford, VA 22556

□The Goddard School - 540-288-1515 www.goddardschool.com/washington/staffo rd-highpointe-boulevard-va 301 Highpointe Boulevard, Stafford, VA 22554

□The Merit School Of Stafford - 540-659-5290 www.meritschools.com 664 Garrisonville Rd., Stafford, VA 22554

PRIVATE SCHOOL OPTIONS (Continued)

□Grace Preparatory School - 540-6574500 www.graceprepschool.org 2202

Jefferson Davis Hwy. Stafford, VA 22554

□St. William Of York Catholic School - 540-659-1102 www.swoycc.org

3130 Jefferson Davis Hwy, Stafford, VA 22554

PRESCHOOL OPTIONS:

Quantico Child Development Center - 703-784-4470 http://www.quantico.usmc-mccs.org/index.cfm/marine-family/child-and-youth/child-and-youth-programs-cyp/child-development-center-cdc/ 3311 Purvis Rd., Quantico, Va. 22134

□Red Apple School - 540-752-1487 www.redappleschools.com 107 Autumn Dr., Stafford, VA 22556

□Stafford KinderCare - 540-659-2827 http://www.kindercare.com/ourcenters/stafford/va/000313 29 Greenspring Dr., Stafford, VA 22554

□La Petite Academy of Stafford - 540-720-0004 https://www.lapetite.com/your-local-school/stafford-va-7113/ 25
Travis Ln, Stafford, VA 22554

□ Ebenezer United Methodist Church - 540-659-1349

They also have a gym and offer child care. Look up their exercise group on Facebook and join. http://ebenezerumc.org/preschool/ 161 Embrey Mill Rd, Stafford, VA 22554

[Mount Ararat - 540-659-2554]

http://www.mtararat.org/getinvolved/kids/weekday-preschool 1112 Garrisonville Rd, Stafford, VA 22556 HOMESCHOOL SUPPORT

Stafford Homeschooler Co-Op

http://www.staffordhomeschoolersmembers
hip.com/

□North Stafford Christian Home Educators Co-Op

https://www.thehomeschoolmom.com/local/
north-stafford-christian-homeeducators-nsche/

☐ Organization of Virginia Homeschoolers www.vahomeschoolers.org

☐ Home School Legal Defense Association www.hslda.org

The Single Marine Program

About SMP



The Single Marine Program exists to improve the Quality of Life for Single Marines and Sailors aboard MCB Quantico. We focus on the young, single, enlisted Marine or Sailor, although we also welcome geographical bachelors, single parents, and single officers.

The Marine Corps conducted a Quality of Life

study in 1993. Results showed that 43% of young, single Marines were dissatisfied with their overall quality of life, and with leisure activities that were available to them. Because such dissatisfaction negatively affects all areas of life—including retention, job performance, and personal readiness—the Marine Corps established the Single Marine Program in 1995. Program

goals include:

- · Improving Quality of Life
- Enhancing Recreational Opportunities
- Encouraging Community Involvement

Your Quality of Life is important to us, but we need your ideas and concerns to be effective in providing for your unique needs. The Single Marine Program has been created for YOU.



SMP Meetings:

Mainside: Last Wednesday of the month at 1200 at the SMP House, 206 Nicholas Road, Quantico VA 22134.

We help identify QOL concerns to the command. Once these issues are researched, a report is submitted to the proper base agency for resolution. Issues that cannot be resolved at the installation are forwarded to HQMC Single Marine Program for consideration and resolution.



We also discuss and plan recreation, social events, and community participation activities. When you participate, you'll feel a sense of ownership in YOUR SMP program. Get involved. Call today to find out how you can make the most of YOUR Single Marine Program.

SMP, Main Side. Building 206 (behind IPAC)

Call: 703-432-0363 or

Email: mccsquanticoSMP@usmc-mccs.org

Activities

• Arts & Crafts

http://www.usmc-mccs.org/services/activities/artscrafts

• Automotive Skills

http://www.usmcmccs.org/services/activities/automotive-skills/

• Marinas

http://www.usmc-mccs.org/services/activities/marinas/

• Recreation Centers

http://www.usmcmccs.org/services/activities/recreation-centers/

• Single Marine Program

http://www.usmc-mccs.org/services/activities/singlemarine-program/

• Theaters

http://www.usmc-mccs.org/services/activities/theaters/

• Tickets & Travel

http://www.usmc-mccs.org/services/activities/ticketstravel/

• Volunteering

http://www.usmcmccs.org/services/activities/volunteering/

Benefits

• Casualty Assistance

http://www.usmc-mccs.org/services/benefits/casualtyassistance/

• DEERS

http://www.usmc-mccs.org/services/benefits/deers/

• Dependency Determination

http://www.usmc-mccs.org/services/benefits/dependencydetermination/

• Gold Star & Surviving Family Member Representatives

http://www.usmc-mccs.org/services/benefits/gold-staradvocates/

• Long Term Assistance

http://www.usmc-mccs.org/services/benefits/long-termassistance/

• Military Funeral Honors

http://www.usmc-mccs.org/services/benefits/militaryfuneral-honors/

• Personal Property Claims

http://www.usmc-mccs.org/services/benefits/personalproperty-claims/

• Postal Affairs

http://www.usmc-mccs.org/services/benefits/postalaffairs/

• Repatriation

http://www.usmcmccs.org/services/benefits/repatriation/

• Voting Assistance

http://www.usmc-mccs.org/services/benefits/voting/

Career

• Credentialing Opportunities Online

http://www.usmcmccs.org/services/career/credentialing-opportunitiesonline/

• Family Member Employment Assistance

http://www.usmc-mccs.org/services/career/familymember-employment-assistance/

• Marine for Life Network

http://www.usmc-mccs.org/services/career/marine-forlife-network/

• Personal Financial Management

http://www.usmc-mccs.org/services/career/personalfinancial-management/

• Transition Readiness

http://www.usmc-mccs.org/services/career/transitionreadiness/

Dining

• Dining & Entertainment

http://www.usmc-mccs.org/services/dining/dining-andentertainment/

Education

• Leadership Scholar

http://www.usmcmccs.org/services/education/leadership-scholar/

• Library

http://www.usmc-mccs.org/services/education/library/

• Voluntary Education

http://www.usmc-mccs.org/services/education/voluntaryeducation/

Family

• Child & Youth Programs

http://www.usmc-mccs.org/services/family/child-andyouth-programs/

• Exceptional Family Member

http://www.usmc-mccs.org/services/family/exceptionalfamily-member/

• L.I.N.K.S.

http://www.usmc-mccs.org/services/family/l-i-n-k-s/

• Marine Corps Family Team Building

http://www.usmc-mccs.org/services/family/marine-corpsfamily-team-building/

• New Parent Support

http://www.usmc-mccs.org/services/family/new-parentsupport-program/

• Readiness & Deployment Support

http://www.usmc-mccs.org/services/family/readinessand-deployment-support/

• School Liaison

http://www.usmc-mccs.org/services/family/schoolliaison/

• Unit, Personal, and Family Readiness

http://www.usmc-mccs.org/services/family/unitpersonal-and-family-readiness/

Fitness

• All-Marine Sports

http://www.usmc-mccs.org/services/fitness/all-marinesports/

• Aquatics Maximum Power Intense Training

http://www.usmc-mccs.org/services/fitness/aquaticsmaximum-power-intense-training/

• Fitness Centers

http://www.usmc-mccs.org/services/fitness/fitnesscenters/

• Health Promotion

http://www.usmc-mccs.org/services/fitness/healthpromotion/

• High Intensity Tactical Training

http://www.usmc-mccs.org/services/fitness/high-intensitytactical-training/

• Sports

http://www.usmc-mccs.org/services/fitness/sports/

Lodging

• Recreation Lodging

http://www.usmc-mccs.org/services/lodging/recreationlodging/

• RV Parks

http://www.usmc-mccs.org/services/lodging/rv-parks/

• Temporary Lodging Facilities

http://www.usmc-mccs.org/services/lodging/temporarylodging-facilities/

Recreation

• Aquatics

http://www.usmc-mccs.org/services/recreation/aquatics/

Boating

http://www.usmc-mccs.org/services/recreation/boating/

Bowling

http://www.usmc-mccs.org/services/recreation/bowling/

• Camping

http://www.usmc-mccs.org/services/recreation/camping/

Fishing

http://www.usmc-mccs.org/services/recreation/fishing/

• Golf

http://www.usmc-mccs.org/services/recreation/golf/

• Horseback Riding & Stables

http://www.usmc-mccs.org/services/recreation/horsebackriding-stables/

• Outdoor Recreation

http://www.usmc-mccs.org/services/recreation/outdoorrecreation/

• Recreational Shooting

http://www.usmcmccs.org/services/recreation/recreational-shooting/

• SCUBA

http://www.usmc-mccs.org/services/recreation/scuba/

Relationships

• Chaplains Religious Enrichment Development Operation

http://www.usmcmccs.org/services/relationships/chaplains-religiousenrichment-development-operation/

Life Skills Training

http://www.usmc-mccs.org/services/relationships/lifeskills-training/

Retail

• Marine Corps Exchange

http://www.usmc-mccs.org/services/retail/marine-corpsexchange/

Support

• Community Counseling

http://www.usmc-mccs.org/services/support/communitycounseling/

• DSTRESS Line

http://www.usmc-mccs.org/services/support/dstress-line/

• Family Advocacy

http://www.usmc-mccs.org/services/support/familyadvocacy/

• Information, Referral and Relocation

http://www.usmc-mccs.org/services/support/informationand-referral/

• Military & Family Life Counselors

http://www.usmc-mccs.org/services/support/militaryfamily-life-counselors/

• Sexual Assault Prevention

http://www.usmc-mccs.org/services/support/sexual-assaultprevention/

• Substance Abuse

http://www.usmc-mccs.org/services/support/substanceabuse/

• Suicide Prevention

http://www.usmc-mccs.org/services/support/suicideprevention/

• Wounded Warrior Regiment

http://www.usmc-mccs.org/services/support/woundedwarrior-regiment/